Two Bridges Academy
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20.10.2026

Dear Parents and Carers,

At Two Bridges Academy, we value working in partnership with you to support your child's personal development, wellbeing, and emotional growth. This letter provides an overview of the PSHE (Personal, Social, Health) content we will be teaching this term, including the statutory Relationships and Health Education (RHE) elements.

This half term, our topic is: **'Celebrating Difference'**

Themes we will be exploring include:

- Celebrating Similarities & Differences
- Understanding Bullying
- Making New Friends

RHE Focus:

- Developing caring friendships, recognising bullying and how to get help (including online)

Through this unit, children will be supported at their individual level to:

- Explore and celebrate similarities and differences between themselves
- Engage in small group games (sharing / turn taking)
- Understand the term bullying; recognising kind and unkind actions (including online) and responding to boundaries in friendships

Key Vocabulary:
friend, friendship, similarities, differences, different from, same, respect, kind, unkind, feelings, help, sad, lonely, purpose, bully, bullying, physical, verbal, online, teasing, help, support, safe, unsafe

How you can support your child at home:

- Talk about similarities and differences between family members and characters in books
- Enjoy stories which explore friendships, include stories you have at home and in TV programmes such as Bluey.

Further information about our PSHE and RSE curriculum, including our policy, can be found on the school website.
If you have any questions or would like to discuss the curriculum further, please do not hesitate to contact me or a member of the Senior Leadership Team.

Kind regards,

Sarah Parkes
SEMH Lead